



BC CAISE

Annual Spring Conference

Leading with Compassion and Care: Supporting the Mental Health and Well-being of All Learners

May 20th - 21st, 2021

Thursday, May 20th, 2021

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1:00 pm - 1:15 pm	Welcome to Traditional Territory Wedlidi Speck , Head chief of Gixsam namima (clan) of the Kwagul tribe and member of the Namgis First Nation in Alert Bay. His cultural connections are to the Kwakwaka'wak, Nuuchanulth and Island K'omoks. Opening Remarks Vince White , President of BCCAISE
1:15 pm - 2:30 pm	Featured Presenter: Dr. Robin Friedlander A moderated conversation with Dr. Friedlander about his experience and expertise supporting children and youth who have complex neurodevelopmental disorders that result in challenging behaviours. A component of this presentation will include Dr. Friedlander responding to questions submitted in advance by BC CAISE members.
2:30 pm - 2:45 pm	Break
2:45 pm - 3:15 pm	Dr. Leyton Schnellert and Dr. Rachelle Hole Leyton and Rachelle will be sharing information about their project: <i>Transitioning Youth with Disabilities and Employment (TYDE)</i> . This project involves key partners who are committed to improving employment outcomes for transitioning youth with intellectual disabilities and/or autism spectrum disorder. This initiative's central goal is to enhance and foster the inclusion and citizenship of youth with disabilities transitioning from high school to adult life.
6:30pm - 7:30pm	President's Reception Please join us to hear a musical performance by: The Big Little Lions, featuring Juno award winning duet, Helen Austin and Paul Otto. This virtual event will also include opportunities to connect with colleagues from across BC and to participate in some fun activities.

Friday, May 21st, 2021

<i>9:30 am - 9:45 am</i>	Welcome to Traditional Territory Mr. Ben Spencer of the Ts'msyen Nation Welcome Back Vince White , President of BCCAISE
<i>9:45 am - 11:15 am</i>	Featured Presenter: Dr. Dzung Vo. The Mindful Teen: Promoting Mindfulness and Resilience Among Adolescents, Educators and School Communities. In this interactive presentation, Dr. Vo will discuss the science and practice of mindfulness-based interventions with adolescents; share practical mindfulness exercises that educators can use in their schools and personal self-care strategies; and share mindfulness resources for youth, families and professionals.
<i>11:15 am - 11:30 am</i>	Break
<i>11:30 am - 12:00 pm</i>	Update from the BC Ministry Education's Learning Division
<i>12:00pm</i>	Closing remarks from Hon. Jennifer Whiteside, BC Minister of Education